
The James River Park System trails are the most advanced in the Richmond area. As such, they should only be ridden by experienced trail riders. This is a public park, has two way traffic, is used by many walkers and runners, and should not be ridden when the trails are wet. Please pay attention to the signs that indicate if the trails are open or closed.

The James River Park System loop can be split into a few smaller segments. The **Buttermilk**, **Northbank**, and **Belle Isle** portions are commonly put together into a loop. **Forest Hill Park** and **Dogwood Dell** are optional offshoots from the main loop.

Buttermilk Trail roughly follows Riverside Drive on the south side of the James River. This runs from the Nickel Bridge (Westover Hills Blvd.) on the western side to **Belle Isle** and its access bridge on the eastern side.

Belle Isle has a few different possible routes. One can cross directly across the island, ride the "skills park" in the center of the island, ride the gravel path around the western side of the island, ride the trails on the raised center area of the island, or ride the "lost trails" on the east side of the island. The south side of the island has a wood plank access bridge that connects to **Buttermilk** and the north side has a suspension foot bridge to the **Tredegar Parking Lot** and the **Northbank Trail**.

Northbank Trail runs along the north side of the river from the **Tredegar Parking Lot** to the **Nickel Bridge Parking Lot**.

Between these two lots the trail runs behind **Hollywood Cemetery** then goes along a short stretch of road starting at the **Texas Beach Parking Lot** before dropping back into more trail behind **Maymont Park**.

Two optional offshoots from this base loop are **Forest Hill** and **Dogwood Dell**. Both offer a fun, "flowy", departure from the rocky main loop

Forest Hill Park Trail runs through the park of the same name. It can be accessed by crossing Riverside Drive at the **Reedy Creek Parking Lot** on the **Buttermilk Trail**.

Dogwood Dell can be found a few hundred yards west of the **Nickel Bridge Parking Lot** on Pump House Road. It will be on the right hand side as you head west.

Parking can be found at several points along the trail. The **Nickel Bridge Parking Area** is off of Pump Road behind the toll booth for the bridge, the **Reedy Creek Parking Lot** is off of Riverside Drive, the **Tredegar Parking Lot** is off of Tredegar Street near the intersection of 5th and Tredegar, and the **Texas Beach Parking Lot** is off of Texas Ave. All of these areas are free to park in.

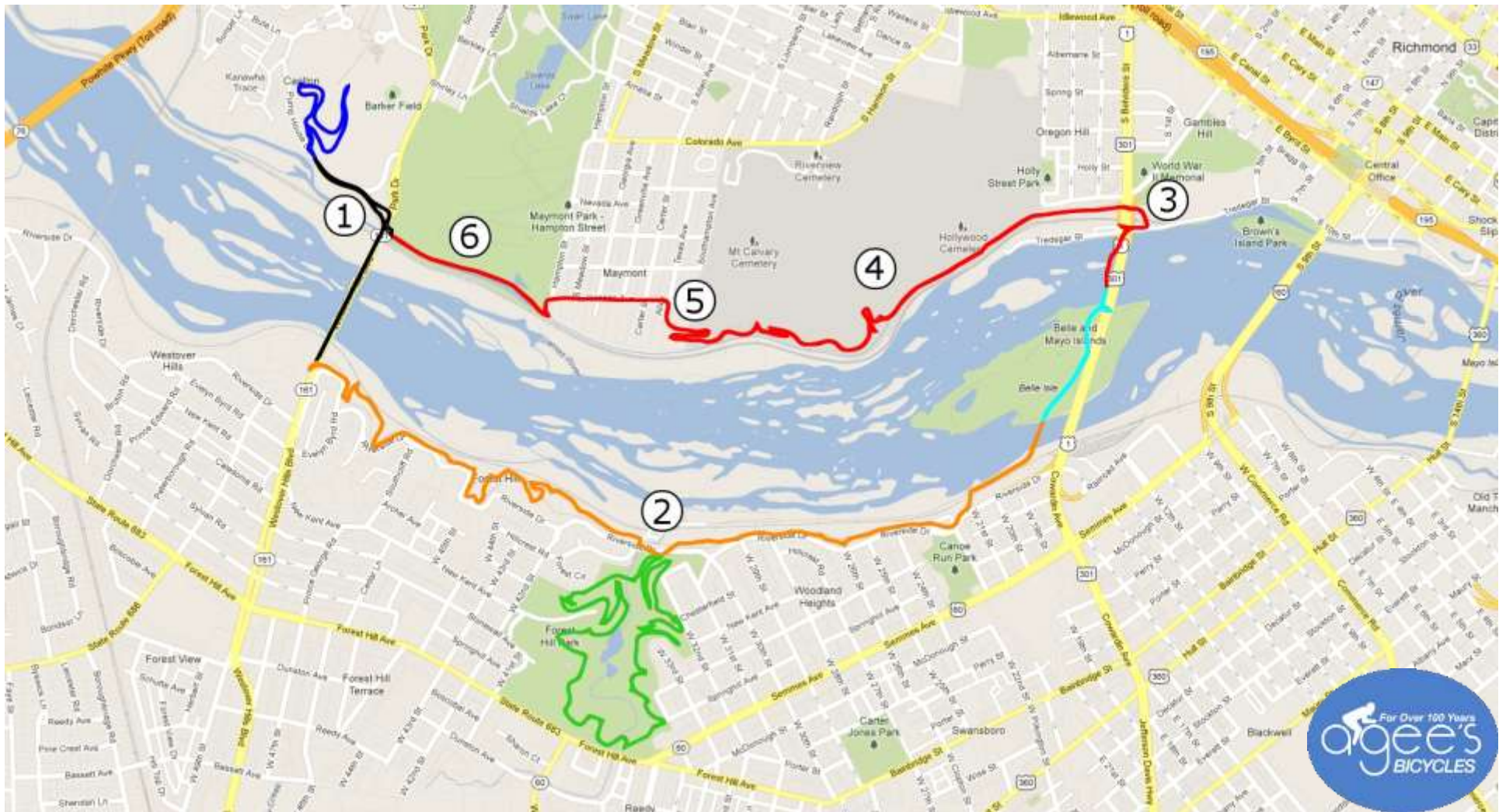
Special thanks go to the City of Richmond Department of Parks and RA-MORE for trail planning and maintenance.



James River Park System

Mountain Bike Trails

For more maps and information please visit www.agees.com



Legend:

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| 1. Nickel Bridge Parking
(Westover Hills Blvd.) | -- Buttermilk (2.5 miles) |
| 2. Reedy Creek Parking (Riverside Dr.) | -- Northbank (3 miles) |
| 3. Tredegar Parking (Tredegar St.) | -- Belle Isle (.25 – 2 miles) |
| 4. Hollywood Cemetery | -- Forest Hill (3 miles) |
| 5. Texas Beach Parking (Texas Ave.) | -- Dogwood Dell (1 mile) |
| 6. Maymont Park | |